

THE SPIRITUAL GIFTS INVENTORY



St. Thomas of Villanova Parish Community Introduction

The Spiritual Gifts Inventory can help you determine which spiritual gifts you have been blessed with and are challenged to use in living out your baptismal call to build up the Kingdom of God. It will take approximately 15-20 minutes to take the inventory but a whole lifetime to use your spiritual gifts. There are 115 questions that assess your gifts in twenty-three different areas. Once you've totaled your scores for each of the gifts using the self-scoring sheet, determine your top three spiritual gifts and use the List of Spiritual Gifts to deepen your understanding of these gifts and how they might be used. We've provided a list of parish ministries that need each of the 23 gifts, and encourage you to explore the possibilities of using your gifts in one of these ministries.

Instructions for Use: The Inventory is on pages 2-7.

Indicate by placing an "X" whether you Strongly Agree, Agree Somewhat, are Undecided, Disagree Somewhat, or Strongly Disagree with each question. The number above each answer is the point value that should be used when you begin scoring.

Don't be modest. Answer spontaneously and honestly.

The Spiritual Gifts Inventory is also available online at www.stthomasofvillanova.org

Click on: [Link to Stewardship Inventory](#)

THE SPIRITUAL GIFTS INVENTORY

Select only one answer per question

- 4 *Strongly Agree*
- 3 *Agree Somewhat*
- 2 *Undecided*
- 1 *Disagree Somewhat*
- 0 *Strongly Disagree*

QUESTIONS

1. I find great joy in leading people to accomplish goals.	<input type="checkbox"/>				
2. I feel called to be a leader in the church.	<input type="checkbox"/>				
3. I look for opportunities to assist people who have trouble doing for themselves.	<input type="checkbox"/>				
4. I find that the repair and maintenance of things in my environment comes easily to me.	<input type="checkbox"/>				
5. It seems easy to perceive whether what a person is doing is honest or dishonest.	<input type="checkbox"/>				
6. I enjoy sharing about God with people who are not church-goers.	<input type="checkbox"/>				
7. I enjoy motivating people to a higher spiritual commitment.	<input type="checkbox"/>				
8. I try to do God's will, even when it's not the popular thing to do.	<input type="checkbox"/>				
9. It is very satisfying to me to give generously of my money for God's work.	<input type="checkbox"/>				
10. I enjoy the opportunity to pray with and for a person who is physically ill.	<input type="checkbox"/>				
11. I like having people in my home.	<input type="checkbox"/>				
12. I seem to recognize prayer needs instinctively.	<input type="checkbox"/>				
13. I enjoy learning new things of all kinds.	<input type="checkbox"/>				
14. I feel great compassion for the problems of others.	<input type="checkbox"/>				
15. I adapt easily in a culture different from mine.	<input type="checkbox"/>				
16. I like to sing hymns and songs either alone or with other people.	<input type="checkbox"/>				
17. I enjoy having the responsibility of leading other people.	<input type="checkbox"/>				
18. I am ready to try the impossible, because I have great trust in God.	<input type="checkbox"/>				
19. I like to talk about spirituality with other Christians.	<input type="checkbox"/>				
20. I enjoy doing "chores" around the church.	<input type="checkbox"/>				
21. I'm excited to help people discover important insights in the Scripture.	<input type="checkbox"/>				
22. I communicate easily with people of a different culture or language background.	<input type="checkbox"/>				

23. People with spiritual problems have come to me for advice and counsel.	4	3	2	1	0
24. People seem to enjoy following my leadership in undertaking important tasks.	4	3	2	1	0
25. I feel that God gives me wisdom in leading people in spiritual matters.	4	3	2	1	0
26. I enjoy helping with the emergency tasks around the Church.	4	3	2	1	0
27. I have enjoyed creating various kinds of arts and /or crafts.	4	3	2	1	0
28. I seem to have a sense of direction in which God is leading.	4	3	2	1	0
29. I seem to be able to sense when the Spirit is leading a person to realize the Holy in their lives.	4	3	2	1	0
30. I have a knack for bringing out the best in others.	4	3	2	1	0
31. I'm willing to keep trying, even when a task is tedious and seems unending.	4	3	2	1	0
32. I share my possessions with others willingly.	4	3	2	1	0
33. I have prayed with a person who was in distress, and the person was comforted.	4	3	2	1	0
34. I do not feel uncomfortable when people drop in unexpectedly.	4	3	2	1	0
35. I pray for others often and for significant periods of time.	4	3	2	1	0
36. Through study I have learned many helpful insights.	4	3	2	1	0
37. Visiting people in retirement homes or the hospital gives me great satisfaction.	4	3	2	1	0
38. It's easy for me to move into a new community and make friends.	4	3	2	1	0
39. God has given me the ability to play a musical instrument and I enjoy it.	4	3	2	1	0
40. It is exciting to provide spiritual leadership for a congregation.	4	3	2	1	0
41. I am often ready to believe God will lead us through a situation which others feel is impossible.	4	3	2	1	0
42. I like to share Scripture to comfort or to encourage others.	4	3	2	1	0
43. I enjoy doing routine tasks for the glory of God.	4	3	2	1	0
44. I have enjoyed teaching individuals and /or classes.	4	3	2	1	0
45. I derive spiritual meaning from music, art, Braille, and ASL and more.	4	3	2	1	0
46. I enjoy helping another find solutions to difficult problems in life.	4	3	2	1	0
47. I like to organize people for more effective administration.	4	3	2	1	0
48. I have little fear in leading people in spiritual matters.	4	3	2	1	0
49. I don't mind helping people who are sick.	4	3	2	1	0
50. I like to create things with my hands.	4	3	2	1	0
51. I seem to have a knack for sensing the difference between truth and error.	4	3	2	1	0
52. I am drawn to share my faith in God with others.	4	3	2	1	0
53. I like to encourage inactive church members to become involved again.	4	3	2	1	0
54. I am sure of God's loving presence, even when things go wrong.	4	3	2	1	0
55. I appreciate the opportunity to give of my skills and energy in a critical situation.	4	3	2	1	0
56. I feel called to be a part of the healing ministry of the church.	4	3	2	1	0
57. People seem to feel very comfortable in my home.	4	3	2	1	0
58. God consistently answers my prayers in tangible ways.	4	3	2	1	0
59. I have learned much about God from the Scripture, books, and observing life.	4	3	2	1	0
60. I sense joy in comforting people in difficult situations.	4	3	2	1	0
61. I am able to relate to and communicate with people of different locations or cultures.	4	3	2	1	0
62. I have enjoyed being involved with Church, school and /or local musical productions.	4	3	2	1	0

63. I like to assist people with their spiritual problems.	4	3	2	1	0
64. I believe that when I am doing God's will, God can and does work through me.	4	3	2	1	0
65. I enjoy relating God's Word to the issues of the day and sharing this with others.	4	3	2	1	0
66. When there is something to be done for the church, I'm glad to help, but I don't want to be in charge.	4	3	2	1	0
67. It seems that people learn readily when I teach them.	4	3	2	1	0
68. I can communicate well with people who are limited by a physical or mental handicap.	4	3	2	1	0
69. I seem to be able to help people find the truths they seek.	4	3	2	1	0
70. I like the challenge of making important decisions.	4	3	2	1	0
71. I appreciate the opportunity to share God's word with others.	4	3	2	1	0
72. One of my ministries is helping other people to bear their burdens.	4	3	2	1	0
73. I like to spend time and money improving and beautifying things in God's creation.	4	3	2	1	0
74. I have helped people to discover God's will in their lives.	4	3	2	1	0
75. I have sometimes shared spiritual experiences with a neighbor who doesn't attend church.	4	3	2	1	0
76. People who are feeling perplexed often come to me for encouragement and comfort.	4	3	2	1	0
77. When everyone is discouraged--even me--I still trust God	4	3	2	1	0
78. If I cannot give much money to support God's work, I give generously of my time.	4	3	2	1	0
79. I feel peace when I am with a person who is sick or injured.	4	3	2	1	0
80. When missionaries or church leaders come to our church I like (or would like) to have them come to my home.	4	3	2	1	0
81. I faithfully pray for others recognizing that their effectiveness and total well-being depends on God.	4	3	2	1	0
82. Knowledge of the Bible and of church teachings helps me to solve problems in daily life and in the life of the church.	4	3	2	1	0
83. People seem to think I am a kind, compassionate person.	4	3	2	1	0
84. The thought of joining a new Church in a new community is exciting to me.	4	3	2	1	0
85. I feel secure that my musical ability will be of benefit to the people with whom I come in contact.	4	3	2	1	0
86. People like to bring their troubles and concerns to me because they feel I care.	4	3	2	1	0
87. People seem to think of me as one who believes that with God everything is possible.	4	3	2	1	0
88. It is important for me to speak out against wrong when I see it in the world.	4	3	2	1	0
89. I find more satisfaction in doing a job myself than in finding someone else to do it.	4	3	2	1	0
90. One of the joys of my ministry is training people to be more effective in living out their faith.	4	3	2	1	0
91. I can make sense of specialized information (like computers, blueprints, accounting, or others).	4	3	2	1	0
92. I feel that I have insight in selecting workable alternatives in difficult situations.	4	3	2	1	0
93. When I am in a disorganized group, I tend to be the first one to step forward to get us organized.	4	3	2	1	0
94. I enjoy training workers in the congregation.	4	3	2	1	0
95. If a family is facing a serious crisis, I enjoy the opportunity to help them.	4	3	2	1	0
96. I find pleasure in designing, creating or decorating things.	4	3	2	1	0
97. I often look beneath the surface and discover richer meanings.	4	3	2	1	0
98. I feel a deep concern for the people in my community who have not been attracted by the church.	4	3	2	1	0
99. I am sort of like a cheerleader, cheering others on when they are doing something well.	4	3	2	1	0
100. Even when it seems that my prayer isn't answered, I keep praying.	4	3	2	1	0

101. I give sacrificially of my time, talents and resources because I know that God will meet my needs.	4	3	2	1	0
102. I feel strongly that my prayers for a sick person are important.	4	3	2	1	0
103. I have opened my home to someone in need.	4	3	2	1	0
104. I find myself praying even while I am doing other things.	4	3	2	1	0
105. I find it an enjoyable challenge to read and study a difficult book of the Bible.	4	3	2	1	0
106. I find great satisfaction in visiting people who are confined to their homes.	4	3	2	1	0
107. I have a strong desire to meet people of other communities and countries and to talk about our respective understandings of God.	4	3	2	1	0

108. I have a knack for selecting appropriate and inspiring music for worship services or for parish events.	4	3	2	1	0
109. I enjoy a close relationship with people in a one-to-one situation.	4	3	2	1	0
110. I will take on a difficult task for the Church, because God will give me the ability to see it through.	4	3	2	1	0
111. I feel called to stand up for what is right even if it irritates others.	4	3	2	1	0

112. I like to do things without attracting much attention.	4	3	2	1	0
113. It is easy to organize materials for teaching a Bible class.	4	3	2	1	0
114. I have a knack for foreign languages or a second language.	4	3	2	1	0
115. I have confidence in dealing with problems.	4	3	2	1	0

SCORING YOUR SPIRITUAL GIFTS

SCORING: PUT YOUR SCORES FOR EACH QUESTION INTO THE FOLLOWING TABLE. THEN COMPUTE THE SUM OF EACH ROW. THIS PROVIDES YOUR SCORE FOR EACH SPIRITUAL GIFT. THE NUMBER ABOVE EACH ANSWER IS THE POINT VALUE.

1	24	47	70	93	=	Administration
2	25	48	71	94	=	Apostle
3	26	49	72	95	=	Caregiver
4	27	50	73	96	=	Craftsmanship
5	28	51	74	97	=	Discernment
6	29	52	75	98	=	Evangelist
7	30	53	76	99	=	Encouragement
8	31	54	77	100	=	Faith
9	32	55	78	101	=	Generosity
10	33	56	79	102	=	Healing
11	34	57	80	103	=	Hospitality
12	35	58	81	104	=	Intercession
13	36	59	82	105	=	Knowledge
14	37	60	83	106	=	Mercy
15	38	61	84	107	=	Missionary
16	39	62	85	108	=	Musician
17	40	63	86	109	=	Servant Leadership
18	41	64	87	110	=	Trust
19	42	65	88	111	=	Prophet
20	43	66	89	112	=	Serving
21	44	67	90	113	=	Teacher
22	45	68	91	114	=	Communication
23	46	69	92	115	=	Wisdom

UNDERSTANDING YOUR SCORE

SCORE

20-16

15 - 11

10 - 6

5-0

WHAT THE SCORE MEANS:

You are either doing this or you should be.

You could easily do this if you want to.

You would have to work hard to do this gracefully.

You would probably not enjoy doing this.

LIST OF SPIRITUAL GIFTS.

Each description below includes Scripture references and a list of parish ministries that need people with these gifts. Keep in mind, these are only suggested ministries. The Holy Spirit may inspire you to use your gifts in various ways within the parish community. This inventory and list is provided with the hope that it will serve as one small step toward helping you recognize, embrace and use the gifts with which God has blessed you. You are encouraged to read and pray over the Scripture references as you discern your gift.

Administration - The Holy Spirit enables some individuals to motivate, direct and inspire God's people in such a way that they voluntarily and harmoniously work together to do the Church's work effectively. This gift involves being able to put things together, tie up all the "loose ends" and get things done, and set a pattern for others to follow. Adeptness at financing, planning, organizing, delegating responsibilities and problem-solving can be an indication of the gift of administration. *Hebrews 13:7, Judges 3:10, Exodus 18:13-16*

Parish Ministries: Administrative, Christian Service Ministry, Adult Faith Formation

Apostleship - To exercise the gift of apostleship is to perceive and accept God's call to lead others in their spirituality, and to be instrumental in acknowledging God's grace and authority in the life of the Church. This gift involves being able to lead others wisely and compassionately and training others in spiritual matters. Apostleship includes a combination of wisdom, discernment, leadership and teaching. *Matthew 4:18-22, Acts 14:21-23*

Parish Ministries: Adult Faith Formation, Pastoral Care Ministry, Youth Ministry, Young Adult

Caregiving - The Holy Spirit empowers some persons - to willingly bear the burdens of others and help them in such a way that they can do their tasks more effectively. To exercise the gift of caregiving or helping is to give assistance or relief from distress where it is needed. This gift involves a willingness to help others even when the jobs may be messy or involve getting into close proximity with people who are sick or distressed. *Matthew 25:34-40, Acts 6:2-4*

Parish Ministries: Christian Service Ministry, Pastoral Care Ministry, Family Life

Craftsmanship - To exercise the gift of craftsmanship one must have or develop a skill, be it a hobby or a vocation and must be willing to share this ability with others either in finished products or in teaching others the skill. This gift involves any art or craft or skill, from painting to pottery, to woodwork or weaving, computer skills or photography -- any art or craft that can be used to the glory of God. *Exodus 28:3-4, Jeremiah 18:1-6, Exodus 35:35*

Parish Ministries: Christian Service Ministry

Discernment - The Holy Spirit enables some of us to discover the will of God. To exercise the gift of discernment is to distinguish between truth and error, to identify whether something is of God. This gift involves wisdom and prayerfulness. *Proverbs 17:24, Hosea 14:8-9, Acts 5:3-6*

Parish Ministries: Pastoral Care Ministry, Adult Faith Formation, Christian Service Ministry

Evangelization - The Holy Spirit enables individuals to share the Gospel with others in such a way that they come to know God. To exercise the gift of evangelism is to share one's faith within and beyond the parish. This gift involves an unabashed willingness to share the Good News and one's personal faith journey. *Acts 8:26-40, II Timothy 4:5*

Parish Ministries: Adult Faith Formation, Religious Education, Youth Ministry, Family Life, Young Adults

Encouragement- Empowered by the Holy Spirit, some persons are called to stand beside other people who are in need and bring comfort, counsel and encouragement so they feel helped. To exercise the gift of encouragement is to call forth the best from others. This gift involves helping others to be more dedicated in living out their faith, bolstering them up when they are discouraged or downhearted and challenging them to see the goals to which God calls them. *Acts 11:23-24, Acts 14:21-22*

Parish Ministries: Pastoral Care Ministry, Family Life, Young Adults, Youth Ministry

Faith - The Holy Spirit provides individuals with extraordinary confidence in God's promises, power, and presence so that they can take heroic stands for the future of God's work in the Church and faith community. This gift involves a healthy prayer life, sensitivity to the will of God and a firm trust that God will come through, even when there is no concrete evidence. *Hebrews 11*

Parish Ministries: Christian Service Ministry, Adult Faith Formation, Young Adults Ministry, Youth Ministry, Family Life Ministries

Generosity - The Holy Spirit enables people to offer energies, abilities and material resources for the work of the Church with exceptional willingness, cheerfulness and generosity. To exercise the gift of giving, one operates out of a spirit of selflessness, requiring no recognition or reward for their giving. This gift involves offering one's time, talent and treasure. *2 Corinthians 8: 1-5, Matthew 6: 1-4*

Parish Ministries: Music Ministry, Christian Service Ministry, Family Life

Healing - The Holy Spirit leads some individuals to aid in restoring people who are sick. To exercise the gift of healing is to pray not necessarily for a cure but for God's help for the sufferer, that something of good may come out of the distress. This gift involves a healthy prayer life, confidence in God's power to provide courage in suffering, and wellness of spirit regardless of the condition of the body or mind.

James 5: 13-16, Luke 9: 1-2, II Kings 5: 1-3, 9-14

Parish Ministries: Pastoral Care Ministry, Christian Service Ministry

Hospitality- A concern for the comfort of others may be a manifestation of the gift of hospitality. This gift involves having a knack for making people at ease, enjoying being in the presence of strangers and a welcoming spirit. *Hebrews 13:1-2, Genesis 18:1-8*

Parish Ministries: Family Life Ministry, Youth Ministry, Worship Ministry

Intercession - Evidences of the gift of intercession would be having the mindset for being instantly in prayer for a person or situation, having confidence that God acts in response to our prayers, being patient and persistent in prayer even when change is not evident, and having a continuing sense of responsibility to pray for people and situations. *1 Thessalonians 3:10-13, 1 Timothy 2:1-2*

Parish Ministries: Pastoral Care Ministry

Knowledge - To exercise the gift of knowledge, one enjoys learning, probably from childhood and on into adulthood. This gift may include knowledge of facts and relationships, of Scripture and of the Tradition of the Church and knowledge of the ways of sharing these learnings gracefully. *Ephesians 3: 14-19, Hosea 6:6*

Parish Ministries: Adult Faith Ministry, Christian Service Ministry, Youth Ministry

Mercy - The Holy Spirit provides individuals with exceptional empathy and compassion for those who are weak or suffering so that they can devote large amounts of time and energy to alleviate these conditions. To exercise the gift of mercy is to relate to others in kindness and compassion. This gift involves continual readiness to forgive those who have erred, comfort the bereaved, help those who face a crisis, minister to the sick, become a peacemaker or offer assistance to those in need. *Luke 10:30-37, Micah 6:8*

Parish Ministries: Pastoral Care Ministry, Mercy Ministry, Christian Service Ministry

Mission - To exercise the gift of mission is to faithfully and mutually share what one has learned about God. This gift involves a willingness to be with and share with people of different heritage, customs, economic background, experience, or manner of speaking, as much a willingness to listen and to speak, and an awareness that God loves all people. *1 Corinthians 9: 19-23, Mark 16: 15-20*

Parish Ministries: Christian Service Ministry, Pastoral Care Ministry, Young Adult

Musicianship - The Holy Spirit enables some to praise God through various forms of music and enhance the worship experience of the parish community. To exercise the gift of music may involve some skill in singing or in playing an instrument but may also include the ability to select appropriate music for a worship service or parish event or program. *1 Corinthians 14:26, Psalm 98: 1, 4-6, Psalm 150:3-6*

Parish Ministries: Music Ministry

Servant Leadership - The gift of servant leadership allows individuals to assume responsibility for the leadership and guidance of a group within the church. It includes leading, facilitating, counseling and providing a pastoral presence for various parish programs. *1 Peter 5: 1-11*

Parish Ministries: Adult Faith Formation, Christian Service Ministry

Trust - The Holy Spirit empowers some individuals to accomplish much toward achieving God's will in our church and community. In some versions of Scripture this gift is called the working of miracles. This gift involves a firm and faithful relationship with God, courage in the face of adversity and a willingness to trust in the power of God. *John 14: 11-14, Micah 3 :8, Acts 1 :8, 2 Timothy 1 :5-7*

Parish Ministries: Administrative, Young Adult Ministry

Prophet - The Holy Spirit empowers some individuals to interpret and apply God's revelation in a given situation. This gift involves a keen sense of the dignity of all people, a sense of call, a sense of timing and some knowledge of Scripture and Church teachings.

1 Corinthians 14:1-5, 1 Corinthians 14:30-33a, 1 Corinthians 14:37-40

Parish Ministries: Adult Faith Formation

Service - To exercise the gift of service is to identify closely with the needs and problems of others, not providing answers or solutions, but being willing to work with them, no matter how small or how big the task may be. This gift involves a willingness to "pitch in" and do whatever is needed, no matter how detailed or tedious the task.

Galatians 6:1-2, Philippians 2:3-8

Parish Ministries: Christian Service Ministry, Worship Ministry

Teacher - The Holy Spirit enables some individuals to communicate so that others can learn. To exercise the gift of teaching one effectively imparts information or proclaims precepts of our Catholic faith orally, visually or by example. *Hebrews 5:12-14, Isaiah 28:9-10*

Parish Ministries: Religious Education, Adult Faith Formation

Communication - The Holy Spirit enables some of us to communicate or to understand in forms or communication beyond the ordinary. To exercise the gift of communication one should be familiar with or understand a foreign language or means (such as ASL, Braille, art, music and more) other than our own native language. *Acts 2:5-11, Psalm 104:26-35*

Parish Ministries: Music Ministry, Christian Service Ministry, Worship Ministry

Wisdom - Some individuals have an understanding of God's will and work as they relate to the living of life. To exercise the gift of wisdom is to help others to discover the wisdom they have within them. This gift involves knowledge of God and of Scripture, discernment of God's will, and skill in analyzing the problems and dilemmas of life. *Sirach 1:14-19, James 3:13-17, Ecclesiastes 9:13-18*

Parish Ministries: Christian Service Ministry, Adult Faith Formation, Pastoral Care Ministry

