

Ash Wednesday, February 17th

Services at the Rosemont Chapel.

7:30am - & 12:05pm Mass

5:30pm - Liturgy of the Word

Because of the Coronavirus Pandemic, all the Ash Wednesday services at the Villanova Church are for Villanova students only.

SUGGESTIONS TO ENHANCE YOUR LENT



FAST AND ABSTINENCE AND OTHER ACTS OF PENANCE FOR LENT 2021

As part of our penitential practice, Catholics who are 14 years of age and older are to abstain from eating meat on **Ash Wednesday** and **all Fridays of Lent**. In addition, Catholics from the age of 18 through 59 are to fast on Ash Wednesday and Good Friday. This means limiting one self to a single full meal, while the other two meals on those days are to be light.



CRS Rice Bowl You can pick up a rice bowl from the parish center office lobby or from the back of the Villanova Church or the Rosemont Chapel. During the 40 days of Lent, we will reflect on how hunger and malnutrition affect our human family, and on the need to take action to end this global injustice. Visit crsricebowl.org.



SACRAMENT OF RECONCILIATION

The Sacrament of Reconciliation will be available:

Saturday after the 9am Mass

Wednesdays beginning Feb 24th at 7pm

Friday after the 12:05pm Mass

This year there will be no Communal Reconciliation.

*There will be a Holy Hour of Adoration -
First Friday, March 5th from 11am - 12 noon
in the Rosemont Chapel*