# Are you unsure what to do or where to turn?

If you want
help and
information
here is a program
just for you...



No shame
No blame
Empathy
Information
Direction
Advocacy
Help

# **PRO-ACT Family Education Program**

#### What is the cost?

We offer this course free of charge, but contributions are welcome. We ask you to preregister so that we can have the materials and facilities necessary.

# Who is sponsoring this program?

PRO-ACT (Pennsylvania Recovery Organization-Achieving Community Together) is a support group of volunteers advocating for the recovery community, their family members, and for those still suffering from the disease of addiction.

# Where can I get information or enroll?

Call our Advocacy Line, Monday through Friday, 9am-5pm, to enroll:

1-800-221-6333





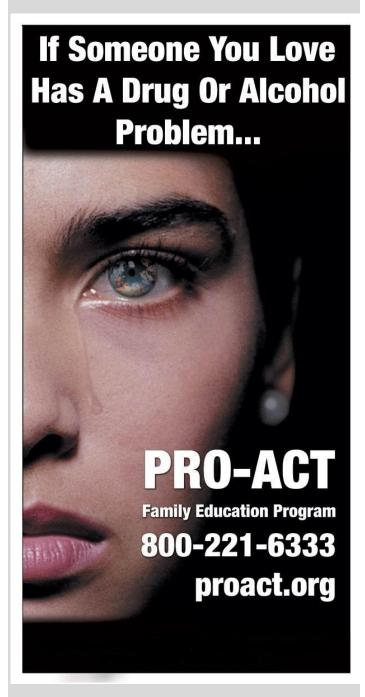
PRO-ACT is an advocacy and recovery support program of The Council of Southeast Pennsylvania, Inc.

#### PRO-ACT is partially funded by:

Bucks County Drug and Alcohol Commission, Inc., under a contract between the Pennsylvania Department of Health and the County of Bucks;

City of Philadelphia, Department of Behavioral Health/Mental Retardation Services:

Department of Health, Chester County Department of Drug and Alcohol Services, Commonwealth of Pennsylvania;



### To recognize an addiction problem

... in a spouse, a parent, a child, or other loved one, you need the help of a knowledgeable professional and the support of others with the same experience.

At PRO-ACT's Family Program, you'll gather the information and resources you need to help your family deal with addiction. You will receive the tools to get you started on the road to recovery.

#### What will the sessions be about?

We'll talk about the disease of addiction, how it affects family members, and what to do about it. You'll learn how to become an advocate for your loved one.

#### When?

The program is offered monthly in 3 evening segments.

# What about confidentiality?

Everything is confidential and is not discussed outside the group.

#### Who will be there?

People who are in the same situation as you, led by people who have been there.

# To Register:

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# **Family Program Locations By County**

**Call 1-800-221-6333 to Register** 

#### **Bucks-Mont:**

#### **Bucks:**

First 3 Thursdays of each month, 7:00-9:00 pm Bristol, PA 19007

#### **Montgomery:**

First 3 Wednesdays of each month, 6:00—8:00 pm. Pottstown, PA 19465

First 3 Thursdays of each month, 7:00—9:00 pm Colmar, PA 18915

# **Chester County:**

First 3 Wednesdays of each month, 7:00-9:00 pm West Chester, PA 19380

## **Delaware County:**

First 3 Tuesdays of each month, 7:00—9:00 pm Media, PA 19063

### **Philadelphia County:**

First 3 Tuesdays of each month, 7:00-9:00 p.m. Northeast Philadelphia, 19111

First 3 Wednesdays of each month, 6:30-8:30pm North Philadelphia, 19132

First 3 Thursdays of each month, 6:30-8:30 p.m. Northern Liberties, Philadelphia, 19123

# What family members say about the Family Program...

"Finally, a place where the family and friends of the addicted person can go, for help... The person with the addiction can go to rehab or treatment, but there is no place for the family to go to get information and help and healing, until this program was offered."



"How can we ever thank you enough for the program that has helped us understand addiction, and helped us gain a new perspective on the recovery process? We are very grateful to you all."



"This was such a caring atmosphere, with so many people willing and able to help. I have gained so much information and my family has benefited greatly."



"I was able to share my family's problem with other people for the first time because it was such a 'safe' atmosphere."



"This program has been exceedingly helpful to our family. It has given us tools and a process and access to information that we needed to effect a change."



"I would definitely recommend this program for my family. I am very happy with the facilitator and the information that was provided."