

1. What is a Sacrament?

A Sacrament is an outward sign, instituted by Christ, to give grace.

2. Which are the sacraments of initiation?

The Sacraments of Initiation are Baptism, Confirmation and Holy Eucharist.

3. What is Confirmation?

Confirmation is the Sacrament in which the Holy Spirit comes to us in a special way to enable us to witness to Jesus Christ in both word and deed as committed Christians.

4. When was the first confirmation? Where do we read about it?

The first Confirmation was at Pentecost, and we read about it in the Acts of the Apostles 2:1-13.

5. How does the bishop confirm?

The bishop confirms through the laying on of hands while praying to the Holy Spirit, and the anointing of the forehead with chrism in the sign of the cross while saying the words: "(name), be sealed with the gift of the Holy Spirit."

6. What is Chrism?

Chrism is the oil blessed by the bishop on Holy Thursday, which is used in the sacraments of Baptism, Confirmation, and Holy Orders.

7. What does the bishop say when he confirms?

Bishop: "(name), be sealed with the gift of the Holy Spirit."

Confirmand: "Amen."

Bishop: "Peace be with you."

Confirmand: "And with your spirit."

8. What are the effects of Confirmation?

The effects of Confirmation are an increase in sanctifying grace and a spiritual character that helps the one who received it to publicly profess and defend the faith.

9. Why are there sponsors at Confirmation?

Sponsors at Confirmation present the person to be confirmed to the bishop and help support the person in their daily witness to Christ.

10. What is required to be a sponsor at Confirmation?

A sponsor must be a fully initiated into the Church, a practicing Catholic, and over 16 years of age.

11. What is a Miter?

A miter is the hat worn by a bishop.

12. What is a Crosier?

A crosier is the staff carried by the bishop as a sign of his role of shepherd of the Church.

13. What are the Sacraments of healing?

The Sacraments of healing are Reconciliation and Anointing of the Sick.

14. What are the Sacraments of vocation?

The Sacraments of vocation are Holy Orders and Holy Matrimony.

15. What Sacraments can be received only once?

Baptism, Confirmation and Holy Orders may be received only once, because they imprint an indelible mark, or character, on the soul, which lasts forever.

16. Name the seven Gifts of the Holy Spirit.

The seven Gifts of the Holy Spirit are: Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord.

17. Name the twelve Fruits of the Holy Spirit.

The twelve Fruits of the Holy Spirit are: charity, joy, peace, patience, kindness, goodness, mildness, faith, generosity, modesty, self-control, and chastity.

18. What are the Corporal Works of Mercy?

The Corporal Works of Mercy are: feed the hungry, give drink to the thirsty, shelter the homeless, clothe the naked, visit the sick and imprisoned, and bury the dead.

19. What are the Spiritual Works of Mercy?

The Spiritual Works of Mercy are: correct the sinner, instruct the ignorant, counsel the doubtful, comfort the sorrowing, bear wrongs patiently, forgive all injuries, pray for the living and the dead.

20. Name the Beatitudes.

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are they who mourn, for they will be comforted.
3. Blessed are the meek, for they will inherit the land.
4. Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
5. Blessed are the merciful, for they will be shown mercy.
6. Blessed are the clean of heart, for they will see God.
7. Blessed are the peacemakers, for they will be called children of God.
8. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

21. Name the Commandments.

1. I, the Lord, am your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord God in vain
3. Remember to keep holy the Lord's Day
4. Honor your father and your mother
5. You shall not kill
6. You shall not commit adultery
7. You shall not steal
8. You shall not bear false witness
9. You shall not covet your neighbor's wife
10. You shall not covet your neighbor's goods

22. Name the Theological Virtues.

The Theological Virtues are: Faith, Hope, and Charity.

23. Name the Cardinal Virtues.

The Cardinal Virtues are: Prudence, Justice, Temperance, and Fortitude.

24. Name the Holy Days of Obligation.

January 1 – The Solemnity of Mary, Mother of God.  
40 days after Easter Sunday – Ascension Thursday.  
August 15 – Assumption of Mary.  
November 1 – All Saints Day.  
December 8 – Immaculate Conception.  
December 25 – Nativity of our Lord Jesus Christ.

Every Sunday of the year.

25. What are the precepts of the Church?

Attend Holy Mass and avoid all unnecessary work on Sundays and Holy Days of Obligation.

Confess your sins at least once a year.

Receive Holy Communion at least during the Easter season.

Study Catholic teaching.

Observe the laws of the Church concerning marriage.

Help to provide for the needs of the Church.

Observe the days of fasting and abstinence established by the Church.