

St. Thomas of Villanova Catholic Church

1229 E Lancaster Ave., Rosemont, PA 19010

www.stthomasofvillanova.org

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A Stewardship Community - Sharing our Time, Talent and Treasure

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THIRD SUNDAY OF EASTER

APRIL 19, 2015



ROAD TO EMMAUS

SACRAMENTAL INFORMATION

Matrimony: Please call the Parish Center to make arrangements to meet with a parish priest at least 8 months prior to the wedding date.

Reconciliation: Saturday after the 9:00am Liturgy in Rosemont Chapel, First Fridays after 12:05 Mass or call the Parish Center to make an appointment.

Anointing of the Sick: We are happy to offer many support services to the sick and homebound. Visits are made by the Pastoral Staff and Eucharistic Ministers to homes and hospital care facilities. Call the Parish Center to make arrangements.

Baptism: Baptisms are celebrated each month, except during Lent. Call the Parish Center to make arrangements and to receive materials.

MASS SCHEDULE

Sunday: 7:30am, 10:30am, 7:00pm

Saturday: 9:00am Vigil Mass: 5:00pm

Sunday: 9:00am

Daily Mass: Mon-Fri: 12:05pm

Legal Holiday Mass: 9:00am

Villanova Church
Rosemont Chapel

PARISH CENTER SCHEDULE

MONDAY — FRIDAY:

9:00am - 4:30pm

The Parish Center is closed from
12:00pm-1:00pm: Monday--Friday



St. Thomas of Villanova is an Augustinian Roman Catholic Community. As the Body of Christ, we share our time, talent and treasure to fulfill our Baptismal commitment.

Following the example of St. Thomas of Villanova, our patron, we take as our challenge the mission of Jesus and strive to love and experience God through worship, social justice, education and evangelization.

STEWARDSHIP

changes lives

Stewardship Thought for the Week

“Jesus himself stood among them and said to them, ‘Peace to you.’ But they were startled and frightened.”
Luke 24:36-37

Throughout the day we have many opportunities to “see the face of Jesus” in others and provide some “peace” in their lives. Just because the person is a stranger, maybe looks different than us or is someone we don’t particularly care for doesn’t let us off the hook.

Thank you for your generosity for the weekend of April 11 and 12, 2015.

Number of Envelopes	271
Envelope Amount	\$17,915.00
Loose Cash:	\$1,516.00
Electronic Offerings:	\$1,867.88
Other	\$660.00
Total	\$21,958.88
10% Tithe	\$2,195.89
Income for April 6, 2014	\$18,429.88



A Note from Fr. Art:

Dear Parishioners:

We are now in the Easter Season and the scriptures we read all about Christ appearing to the Apostles and showing that He was alive. For a little while the Apostles were not sure about the Resurrection.

Today’s Gospel has Jesus showing the marks of His wounds and eating a fish with the disciples. This was done to help them realize the truth that He was risen and alive. Peter’s speech in the first reading lets us see that Peter believed completely.

Easter tells us that Christ is Risen and amongst us. As he told His Apostles and disciples it is now the time for their mission. That mission also belongs to us. WE must do more to live the gospel so that others will be led to join in the joy of Easter and the message and promises of Jesus.

This season reminds us that the Risen Christ is always with us. The question for us is, are we always with Him? Now is the day of salvation, let us rise with Christ.



During the Easter Week Triduum, a ring was found in the Villanova Church.

If you misplaced your ring and think this may be your lost possession, please call the Parish Center at 610-525-4801.



St. Thomas of Villanova Parish Preschool
NOW ENROLLING!

St. Thomas of Villanova Preschool
is now accepting applications for the
2015 - 2016 school year.

You can access more
Information by either going to our
website or
calling our school at 610.525.7554

Feel free to make an
appointment to visit with our Director:
Ms. Mary Kurek

Come to our Open House
Monday, April 20th through Friday, April 24th
9:00am — 11:00am



Visit us on the web at www.stvpreschool.org

Saint Thomas of Villanova Parish,
Our Mother of Good Counsel Parish and
the Center for Worship & Spirituality
at Villanova University

Welcome:



Jim Ziolkowski
Speaking on
FAITH AND SERVICE

Rescheduled for Monday, April 20th at
7:00PM
St. Thomas of Villanova Church

As you know by now, Villanova began its NCAA
Tournament run on Thursday, March 19th – the same
time we originally had Jim Ziolkowski scheduled to
speak. Being a college basketball fan himself and
wanting people to enjoy the game – and still hear his
story, Jim graciously decided to postpone his talk.
We're grateful that he now plans to be with us on the
evening of April 20th; now all the more reason to come
out and give him a warm welcome! In the meantime, as
I've recommended before, do yourself a favor and
check out Jim's National Bestseller and NY Times
Bestselling Education Book, *Walk in Their Shoes: Can
One Person Change the World?* I couldn't put it down;
a truly riveting and inspiring read! Copies also will be
available that evening. Learn more, as well, about Jim
and his efforts at the website: www.buildOn.org

Fr. Joe



**Are YOU going to the World
Meeting of Families?**

Help us plan for this exciting event by taking our quick
Online survey about how you are getting to the
World Meeting of Families!

Please visit worldmeeting2015.org on our
Transportation page to take the survey.



EASTER

Mon., April 20th 12:05PM-RMCH	Easter Weekday Harry Wolfington - Carol Wolfington
Tues., April 21st 12:05PM-RMCH	Easter Weekday; <i>Saint Anselm</i> Anne M. Doro - Family
Wed., April 22nd 12:05PM-RMCH	Easter Weekday Ed & Marie Gallagher - Jim & Anne Hennessy
Thurs., April 23rd 12:05PM-RMCH	Easter Weekday; <i>Blessed Helen Udine, Saint George & Saint Adalbert</i> Edward J. & Regina T. Mallon - Dr. Francine Mallon
Fri., April 24th 12:05PM-RMCH	THE CONVERSION OF OUR HOLY FATHER, SAINT AUGUSTINE Carl DiStefano
Sat., April 25th 9:00AM-RMCH 5:00PM-RMCH	Saint Mark Joseph Kuchinski - Connie Mervine Frank & Amelia Geraghty - Leggiadro Family
Sun., April 26th 7:30AM-VNCH	FOURTH SUNDAY OF EASTER Deceased Members & Benefactors of O.S.A.
9:00AM-RMCH 10:30AM-VNCH	For the Parishioners of St. Thomas Peter & Marisa DiSanto - Josephine DiSanto

"Masses in Interpreted American Sign Language"

We have an American Sign Language Interpreter at the 9:00am Mass in the Rosemont Chapel on the Second and Fourth Sunday of each month. The interpreter will be here on April 26, 2015.

READINGS FOR THE WEEK:

Monday:	Acts 6:8-15; Jn 5:22-29
Tuesday:	Acts 7:51—8:1a; Jn 6:30-35
Wednesday:	Acts 8:1b-8; Jn 6:35-40
Thursday:	Acts 8:26-40; Jn 5:44-51
Friday:	Aug I. 259; Sir 17:424-26, 29 or Rom 13:10-14; 14:1; PS 51:1-3, 10, 12; Lk 15:11-32
Saturday:	Acts 1 Pt 5:5b-14; Mk 16:15-20
Sunday:	Acts 4:8-12; 1 Jn 3:1-2; Jn 40:11-18

Archbishop Carroll CAFE Monte Carlo Night

Saturday April 25, 2015 6:30-10:00pm
Live auction, gift baskets and Monte Carlo games
pre sale tickets \$25 at the door \$30
Questions café@jcarroll.org
tickets call 610-688-7610



Schedule of Events for the week of: April 19, 2015 Recitation of the Rosary after the daily Liturgy.

Monday, April 20, 2015

Art Class - PC1	11:00AM
Food Addicts in Recovery - Café	7:00PM
Guest Speaker—VNCH—Jim Ziolkowski	7:00PM

Tuesday, April 21, 2015

STV Preschool Spring Show - Aud	10:00AM
Bible Study - PC2	10:00AM
BP Screening after 12:05 Mass	
SFC Mentors	2:30PM
Bible Study - PC2	7:00PM
Finance Council - PC1	7:00PM

Wednesday, April 22, 2015

Food Addicts in Recovery - Café	9:30AM
Exercise - Aud	10:00AM
Honickman	10:15AM

Thursday, April 23, 2015

Walking with Purpose - Aud	9:00AM
Walking with Purpose - Aud	7:00PM
Stewardship Council Meeting - PC1	7:00PM

Friday, April 24, 2015

HOLY BREW—Informative and Fun Evening—Aud	7:00PM
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Saturday, April 25, 2015

Baptisms—RMCH	5:00PM
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Sunday, April 26, 2015

Mass w/5th Graders-RMCH	9:00AM
Religious Education Program Closing after 9:00am Mass	
Rosemont Village Eucharistic Prayer Service	10:30AM

Office for Pastoral Care for Persons with Disabilities Archdiocese of Philadelphia

Mothers of Children with Disabilities Retreat:

Monday, May 4, 2015 at Malvern Retreat House.
Bishop Timothy Senior will direct a retreat for mothers who are raising children with disabilities and also those who have adult children with disabilities. There will be time to pray, reflect, and chat with other mothers. To register or for more information, please contact Malvern Retreat House at 610-644-0400, malvernretreat.com or St. Kathleen Schipani at 215-587-3330, or sr.kschipani@archphila.org.



Congratulations to the newly Baptized members of our parish:

Colin Alexander, son of Christopher & Christina Biele
Shane Michael, son of Matthew & Meredith Birtel
Ian Asher, son of Matthew & Jennifer Breen
Nikolas, son of Leo & Jill Render-Katolik
Holly Grace, daughter of Todd & Colleen Penza
Jake Domenic, son of Jay & Lindsey Strippoli
Jameson Patrick, son of Nathan & Shannon Tiedeken

Remember those in need of our prayers, especially:

Julia Barlow, Katherine Breck, Mary Ann Dadourian, Bob Ellison, Jack Geraghty, Patricia Ann Harley, Bridget Kelly, Joseph Maiorana, Madeleine O'Callaghan, Julia Boland Paparella, and Annie Sears.

Please pray for our soldiers assigned in Afghanistan and in other parts of the world. Please also pray for the soldiers who are returning from their assignments, especially the wounded soldiers.

Congratulations to our Honor Students:

MALVERN PEPARATORY SCHOOL

Distinguished Honors:

Liam Callahan
Brett Mastrangelo

First Honors:

Ryan Keiran



**CATHOLIC CHARITIES
APPEAL
Giving Hope 2015
Please Give Generously!**

WELCOME VISITORS

Thank you for worshiping with us today. If you are visiting our beautiful church or chapel, please know you are most welcome!

If you have questions or are interested in joining our parish community, please call the parish office at 610-525-4801.

CHRISTIAN SERVICE

PRAYERLINE

The parish prayerline is waiting for your prayer request. This week call Mary Ann Barrow at 610-525-4164 or email stv1964@verizon.net to activate the parish prayerline. Two parish teams are available for your special intentions.

PROJECT HOPE

This is a transportation ministry for our Parish. If you need a ride to your medical appointments or to food shop this week, please call Ann Von Herstenberg at 610-525-6026. Please give at least 3 days notice.

DINNERS TO THE DOORSTEP

This ministry is for parish families who are in crisis or for parish couples welcoming a new baby. Homemade dinners are delivered. Two parish coordinators keep a list of volunteers who are called as needed. If you are in need of this delicious community support, please call Maria Gunn at 610-291-7205.

ST. FRANCIS INN

We are forming a parish work group to serve the midday meal at the St. Francis Inn in Kensington on Sunday, May 17th. The Inn tries to meet the immediate daily needs of the poor and homeless people they serve with food, clothing and hospitality. This ministry is open to anyone 16 years or older. For more information and to sign up, contact our parish coordinator, Sheila Holst at 610-659-5828 or hagan1126@verizon.net.

FEED THE HUNGRY MINISTRY

Feed the Hungry Ministry will be serving dinner on Saturday night, May 2, 2015 at the Life Center in Upper Darby. Your food donations are greatly appreciated. If you can prepare a meatloaf, potatoes, vegetable, salad, dessert and deliver it to the Steele's home in Villanova on May 2nd, contact Dennis Steele at steelecreativity@gmail.com or call Denise at 484-343-4473.

Cradles to Crayons team is needed to roll up their sleeves and work at the Giving Factory at 30 Clipper Road, Conshohocken, PA On Tuesday, April 21 — 6:00-8:00pm



We will sort clothing, clean and repair toys, prepare gift bags for needy children all over the Delaware Valley. Middle school students and older are welcome.

RSVP to: Cheryl Gibson at 8gibson@comcast.net



The parable of the Sower Mark 4:8

“But some seeds fell in good soil, and the plants sprouted, grew and bore grain.”

**The STV Family Life Committee
Invites you to
Parent Talk
Wednesday, May 20th at 7:00pm
Rosemont Auditorium**

Growing Givers: How Cultivating a Culture of Community Service Can Help Our Kids Succeed

Dr. Miltenberger’s talk will connect the dots between current social science research, leadership and the practice of community service for our children and families.

Lauren Miltenberger, Ph.D., is an Assistant Professor of Public Administration at Villanova University. Dr. Miltenberger teaches courses in Public Policy, Public Administration, Public & Nonprofit Human Resources, and Policy Analysis. She is currently working on a research project investigating innovative collaborations and partnerships between the nonprofit sector and the government. Dr. Miltenberger earned her Ph.D. in Urban Affairs and Public Policy from the University of Delaware. Prior to joining the faculty at Villanova University, Dr. Miltenberger held executive leadership positions in the nonprofit sector.

Lauren has been a parishioner of St. Thomas of Villanova since 2002 and lives in Rosemont with her husband, Scott, and her two children, Ali and Kyle.



**HOLY BREW:
Trappists, Monks, and The Catholic
Traditions of Brewing Beer**

Trappist monks, both in history and today, brew some of the world’s greatest and most sought after beer.

So why to the Church’s most ascetic monks — men who trace their roots to Saint Benedict’s sixth century rule — product such great beer? In holy Brew: Trappist Monks and the Catholic Traditions of brewing Beer, we will together explore....

- What monasticism is
- Who the Trappists are
- Why the beer they brew is unique and cherished
- The value of monastic spirituality today

*FRIDAY, APRIL 24TH - 7:00pm
In The Rosemont Auditorium*

Michael E. Hennessy, CSP — full time seminarian, part-time brewer — is a member of the Paulist Fathers and is preparing for the priesthood at the Catholic University in Washington, D.C.

Please join us for an informative and fun evening. Must be 21 or older to attend. Please RSVP to office@stvparish.org by April 21st.



Please join us for our Revelation Bible Study on

Tuesday Mornings — 10:00am
Tuesday Evenings — 7:00pm

The Bible Studies are held in the Rosemont Parish Center. Please join us.

Materials are free. If you have any questions, please contact Ginny Neumer at 610-622-2033 or by email at vmcgin7881@aol.com. All Are Welcome!!

**MOST BLESSED SACRAMENT
PHILADELPHIA, PENNSYLVANIA
LAST CHANCE REUNION**

On Saturday April 25, 2015, we will be sponsoring a last chance reunion to tour all the school buildings only at Most Blessed Sacrament School, 56th and Chester Ave, starting in the gym from 1:00pm to 4:00pm, with a scheduled Mass starting at 4:00pm.

There will be plenty of police presence for those who may be reluctant to come. You can purchase the tickets at the door for a donation of \$10.00. If you cannot attend, please consider making a donation to “Move the Grotto” fund, so we can pay for the cost of moving the statues to their new outside location at St. Francis de Sales. You can send your grotto fund donation checks to St. Francis de Sales, 4625 Springfield Ave, Phila., PA 19143. Attn: Father John Hand.

For more information about this reunion you can call Debbie Hanna at 215-520-2097, or Joanie Paulukas 4845745418.



THE HONICKMAN MINISTRY
NEEDS YOUR HELP!

Every Wednesday at 10:15am, a group of parishioners carpool to the Honickman Learning Center and Comcast Technology Labs in North Philadelphia.

Honickman provides adult basic literacy classes, GED classes and mentoring.

We are in need of mentors to work with adults who need help with basic reading and math. You would leave the Parish Center at 10:15am and return by 1:30pm. Your ministry will be life changing for your students and for you.

Please call or email Parish Coordinator, Fran Johannes at fran.johannes@gmail.com or 610-220-2766 or Anne Murphy at the Parish Center at service@stvparish.org.

Consider going with our parish team next Wednesday to “shadow” our volunteers. For more information on this Project H.O.M.E. Education Center go to www.projecthome.org and click on Education.

A special Thank You to our parishioners who stock the STV Parish Food Closet.

Dear Parishioners:

Today I am very thankful for the help you gave me at the church. My sons say “many thanks” this morning as we ran out of everything. I was very thankful for the Lord to direct me to St. Thomas. I just believed that St. Thomas would surely put food on my table because I really trust in the Lord.

Today my sons’ faith was built up more. I told them that throughout the life of Jesus, anyone who came to Him with any kind of need was helped. You cannot find one instance in the life of Christ where he turned his back on anyone who sincerely needed and wanted his help.

Everyday I let God be God in our lives. Tell those at St. Thomas that leading me to the food bank shows that all of you care. I am thankful to all the people who filled the food bank. It’s a big blessing from God.

Lastly, having God as your partner in life doesn’t mean sailing on a boat with no storms. It means having a boat that no storms can ever sink. God showed up when we needed him most.

Thank you! Thank you! We appreciate everything I brought home.

Amina Tarawallie & the Boys

You are invited to a Brown Bag Lunch on Thursday, May 7th at 12:45pm in the Rosemont Auditorium

Topic: The Role of Community Supported Agriculture in Strengthening the Local Food System and our Region’s Health



Greener Partners is a regional nonprofit whose mission is to create healthy communities through food, farms and education. Greener Partners’ Executive Director, Meg MacCurtin, and Co-Founder and Director of Agriculture, Amy Johnson, will discuss the Community Supported Agriculture movement — its history, growth and role in creating a vibrant and sustainable regional food system. Come learn about the benefits of local food, not only for your own health, but also for the health of our environment and our communities.

Bring your lunch!
Drinks and dessert will be provided.
Please join us!!

**WOMEN'S GROUP
WINE TASTING
AND
CHEESE NIGHT
WITH
ROBERT PETERSON**



**TUESDAY, MAY 5TH — 7:30PM
ST. THOMAS PARISH CENTER**

Please Join Us!!

**Any questions and to respond, please
email: stvmoms@gmail.com**

ELECTRONIC STEWARDSHIP

Why give electronically?

The people who give find this a consistent and convenient method of donating to the church.

Is there a minimum amount that I have to give?

No, there is no minimum amount.

Are electronic contributions risky?

No. It is safer than writing a check. All electronic transactions are governed by strict rules. No one can deduct money from your account automatically unless you specifically authorize it.

What do I do with my weekly envelopes?

Continue using, just check the box in the middle of the envelope that says "I have given electronically/ monthly/etc."

Who do I contact if I have additional questions or I need to update my information?

Please contact Karen Farley at 610-525-4801, ext. 202, or email bizmgr@stvparish.org.

Make your donation more powerful -
Use Electronic Giving!

Calling All St. Thomas of Villanova
Empty Nesters, Widows and
Widowers,
Singles and Couples and friends of
yours!!



***Please join us for another "Dine-Out"
Tuesday, May 19th
at 6:00PM***

at Pietro's Coal Oven Pizzeria
236 N. Radnor Chester Road
Radnor, PA 19087

Three entrees will be offered, and dinner includes a Mista Salad, Fried Calamari, and Gelato for Dessert. The cost is \$35.00 per person which includes the gratuity. There is also a cash bar.

RSVP a **MUST** by May 15th,
contact Kathy at
office@stvparish.org or call 610-525-4801.

Hosted by the STV Day Trippers!



Prayer for the Year of Consecrated Life

O God, throughout the ages you have called women and men to pursue lives of perfect charity through the evangelical counsels of poverty, chastity, and obedience. During this Year of Consecrated Life, we give you thanks for these courageous witnesses of Faith and Models of inspiration. Their pursuit of holy lives teaches us to make a more perfect offering of ourselves to you. Continue to enrich your church by calling forth sons and daughters who, having found the pearl of great price, treasure the Kingdom of Heaven above all things. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

STV NURSE WELLNESS TIP

Recently the number of recommended immunization for people of all ages has increased a level not seen before, and the number of vaccines keeps rising. Vaccine preventable diseases strike millions of adults annually. Each year in the U.S., about 50,000 adults die of vaccine-preventable diseases, with influenza causing most of those deaths.

Rates of several vaccine-preventable diseases have increased in recent years. The reasons for this include under immunization due to lack of patient and provider knowledge, increases in reported cases due to improved surveillance, and controversies concerning adverse effects of several common immunizations. An increasing awareness exists that most vaccines do not provide life-long immunity.

Lately, there have been several reports about the measles outbreak in the news. Measles is primarily a disease of childhood, but it also occurs in adolescents and adults. It is one of the most highly infectious human pathogens known. With exposure, up to 90% of susceptible individuals develop disease. Measles is transmitted directly person-to-person via contact with respiratory droplet. Airborne transmission via aerosolized droplet nuclei has also been documented in closed areas (e.g., examination rooms), where the virus can remain suspended in the air for several hours.

Measles symptoms appear about 10 to 12 days after exposure. They start with a prodromal period (generalized symptoms preceding illness) that lasts two to four days, with a fever (as high as 105F), malaise, anorexia, photophobia, conjunctivitis, coryza (heavy nasal discharge) and cough. Koplik spots (bluish-gray specks) develop on the lining of the cheeks and lips occur one to two days before the rash appears and last for about one or two days after the onset of the rash. On average, the maculopapular rash (tiny red dots) appears about 14 days after exposure. It first emerges behind the ears and along the hairline. It then spreads onto the face and trunk and then covers the entire body, including the palms of the hands and soles of the feet.

Complications of measles occur most often in patients under age 5 or over age 20. They appear in about 30% of patients with measles. The most common include otitis media, pneumonia, croup and diarrhea.

Without a doubt, becoming sick with measles is unpleasant, but serious adverse effects are rare in healthy people, and the disease rarely results in death.

As a guideline, measles should be considered in all patients who present with a febrile rash and symptoms like cough, coryza or conjunctivitis if they:

- have not been vaccinated against measles
- live in an area or go to school where measles is occurring
- have recently traveled abroad or been exposed to someone who recently traveled abroad

The MMR vaccine can be used to protect susceptible people who are exposed to the measles if the vaccine is administered within 72 hours of the first exposure. The vaccine is contraindicated for:

- People who have had a severe allergic reaction (anaphylaxis) to a vaccine component or following a prior dose of measles vaccine
- Pregnant women
- People who are immunosuppressed because of conditions such as alkylating agents, antimetabolites, radiation or large doses of corticosteroids.

From the Peace & Justice Committee:



Trees are an important part of Creation. They hold soil in place and shade your house in summer. But most importantly they take Carbon Dioxide (one of the main "greenhouse gasses" that warm the atmosphere) out of the air and supply us with oxygen. April and May are particularly good months for planting trees because then they have the whole summer to grow and get accustomed to their new home. So if you have been thinking about planting a tree or two, now's a good time to get going.

In February Pope Francis said: "When we hear that people have meetings about how to preserve creation, we can say: 'No, they are the greens!' No, they are not the greens! This is the Christian!...A Christian who does not protect Creation, who does not let it grow, is a Christian who does not care about the work of God....And this is the first response to the first creation: protect creation, make it grow."

CATHOLIC CLINICAL CONSULTANTS

Catholic Clinical Consultants, the behavioral health company of Catholic Healthcare Services of the Archdiocese of Philadelphia, provides individual, couples, and family counseling in a welcoming and supportive environment.

Our staff includes psychologists and Master's level professional psychotherapists. Day and evening hours are available. We are a Medicare provider and we accept most health insurance. We have offices in Levittown, East Norriton, Northeast Philadelphia, South Philadelphia and Springfield, Delaware County.

To schedule an appointment at the nearest office, please call: 855-518-2223.



DO YOU KNOW YOUR TRIBUNAL?

The Tribunal is a group of specially qualified Catholics whose responsibility is to come to the help of people who have experienced divorce and who may wish to remarry in the Catholic Church.

When a divorce occurs, the Catholic Church always seeks to balance two realities. One is the unbreakableness of the bond of marriage. This is God's law. It cannot be broken by human intervention. On the other hand, the Church is concerned about the spiritual welfare of the people involved. Was this a true marriage? Even though a Catholic marriage was celebrated, was there perhaps some deficiency in the consent of the parties involved? The annulment procedure addresses this problem.

If you are divorced and want to marry in the Church or remarried outside the Catholic Church, please telephone the Tribunal Office.

**THE TRIBUNAL
222 North 17th Street
Philadelphia, PA 19103**



Are you having difficulty controlling the way you eat?

Food Addicts in Recovery Anonymous (FA)

..... Offers a solution for all forms of food addiction. Many people are finding recovery in FA from obesity, undereating, bulimia, and obsession with food.

The program is based on the twelve steps of Alcoholics Anonymous.

FA is FREE and open to all women, men, and teens that want to stop eating addictively.

Please join us on Monday nights at 7:00pm or Wednesday mornings at 9:30am in the St. Thomas of Villanova cafeteria located in the Parish Center, Rosemont, PA.

Questions? Please contact Liz M. at 610-715-3995.